

LASIK

Imagine opening your eyes in the morning to see clearly without the use of glasses or contact lenses. This can be possible with LASIK surgery. Have you ever wondered if you are a good candidate for LASIK? Murphy Watson Burr Eye Center offers a free consultation with Dr. Burr where he evaluates your unique prescription, corneal shape, and corneal thickness to determine if LASIK is right for you. If it is determined that LASIK is for you, a pre-operative examination will be scheduled.

First Visit: Free Consultation Session

- A general assessment of your refractive error will be done.
- Dr. Burr will consult with you to verify that you are in fact a candidate for LASIK surgery.
- The LASIK coordinator will supply you with additional information about LASIK.

Second Visit: Pre-Operative Examination

- Leave out soft contact lenses for 7 days and hard lenses for 3 weeks before appointment with Dr. Burr.
- Plan to be at the office for 2-3 hours for the appointment.
- Your eyes will be dilated for this appointment. You may want to bring a driver.
- Some insurance plans do cover LASIK surgery. You may want to check with your insurance company prior to your appointment. LASIK costs are also eligible for cafeteria plan or flex spending accounts.
- Check with your benefits administrator at your place of employment to see if LASIK eye surgery is part of your benefit plan.
- An affordable financing plan is available upon request with approval.
- If you desire, schedule your surgery day.

LASIK is a surgical procedure and should not be undertaken lightly. If Dr. Burr is not comfortable with your understanding of the procedure or clinical condition, he will not perform the LASIK surgery. There are no high-pressure sales tactics. You are given the opportunity to come in, get all of your questions answered, and then, if you so desire, go home and think about your decision.

Surgery is performed at the LASER SIGHT CENTER in Prairie Village, Kansas. It will take approximately 90 minutes to arrive at this location.

3840 West 75th (Mission Road and 75th Street)
Prairie Village, KS 66208
Phone: 913-384-9600

LASIK PRE-OPERATIVE INSTRUCTIONS

- Once your LASIK surgery has been scheduled you will be called one or two days prior to your procedure to inform you of your exact arrival time.
- There are no restrictions on your diet prior to the procedure
- Do wear comfortable clothing. Do not wear perfume, cologne, or aftershave.
- No eye make-up or foundation the day of surgery. The evening before surgery soak the eye with a warm cloth to remove all eye make-up.
- There will be follow up visits at 1 day, 1 week, 1 month, three months, six months, and one year.

Day of Surgery:

Patients are often emotional on surgery day!! There tends to be a mixture of joy, fear, anxiety, and anticipation. A very mild sedative is given orally to calm the emotions. The surgical team and surgeon will provide a step-by-step description of what will take place.

After the surgery, remain relaxed. You may watch T.V. Increase activity as your comfort and vision allow.

LASIK POST-OPERATIVE INSTRUCTIONS

PRECAUTIONS:

- DO NOT RUB OR BUMP EYES FOR 2 MONTHS AFTER SURGERY, (remember this when drying off after a shower).
- DO NOT DRIVE ON THE DAY OF SURGERY. OK to drive yourself for 1 day post op appointment and OK to return to work if your vision and comfort allow. Remember, vision may fluctuate for the first several weeks. Use good judgment.
- DO NOT WEAR MAKE-UP OR APPLY LOTIONS, HAIR SPRAY OR AFTER SHAVE FOR 3-4 DAYS FOLLOWING SURGERY. Then, be very gentle in applying and removing your eye make-up.
- OK TO BATHE OR SHOWER WITH CAUTION 1 DAY AFTER SURGERY.
- NO SWIMMING FOR 2 WEEKS AFTER SURGERY.
- NO WATER SKIING OR WATER SPORTS WHICH MAY RESULT IN AN IMPACT ON THE WATER FOR 3 MONTHS AFTER SURGERY.
- OK TO RESUME OTHER SPORTS ACTIVITIES AS VISION ALLOWS, BUT USE CAUTION TO PREVENT GETTING HIT OR BUMPED IN THE EYE.
- WEAR SAFETY SHIELD WHILE NAPPING OR SLEEPING FOR 2 DAYS AFTER SURGERY. If you think you might have a tendency to rub your eyes, wear the shield for 2-3 extra days.
- IT IS VERY IMPORTANT TO KEEP ALL FOLLOW-UP APPOINTMENTS.

Discomfort varies from patient to patient. It is usually described as a slight burning or foreign body sensation. Tylenol may be taken every 3-4 hours as needed.

Vision will be blurred immediately following surgery due to swelling. This should clear about 4-5 hours after the surgery.

You may experience light sensitivity and/or glare around bright lights. Protect your eyes from bright sun and wind for 1 month.

*After surgery, remain relaxed. You may watch T.V. Increase activity as you comfort and vision allow.

MEDICATIONS: It is important to follow instructions for medications exactly. Any prescription medication may have adverse or severe side effects if used other than as prescribed. **DO NOT TAKE MORE OFTEN THAN PRESCRIBED.**

MEDICATED EYE DROPS:

Use **OFLOXACIN** and **PREDNISOLONE ACETATE 1%** on **the evening of surgery day: 1 drop of each in each operated eye 3 times during the evening of surgery day (2-3 hours apart).**

After the first post-operative visit in the clinic, use OFLOXACIN eye drops in each operated eye 4 times a day for 5 more days and use PREDNISOLONE ACETATE 1% eye drops in each operated eye every 2 hours while awake for 2 days then 4 times a day for 3 days.

ARTIFICIAL TEARS:

Use only preservative-free artificial tears (REFRESH, REFRESH PLUS, THERA TEARS, BION TEARS, OPTIVE) following surgery.

Keep your eyes closed for the first 2 hours after surgery. Open them every 10-15 minutes to use a drop of the artificial tears. Set an alarm or have someone wake you during this time so that your LASIK flap will not dry and shift position.

After 2 hours you can open your eyes and use the tears every 15-30 minutes. YOU CANNOT USE TOO MUCH OF THE ARTIFICIAL TEARS ON THE DAY OF SURGERY! You do not have to wake up during the night to use the tears, but if you happen to wake up, go ahead and put a drop of the tears in. Use artificial tears a minimum of 4-6 times a day for the next 5 days. After this, use artificial tears as needed for comfort.

IF YOU HAVE ANY QUESTIONS REGARDING THESE INSTRUCTIONS, PLEASE CALL OUR OFFICE AT **816-233-2020 OR 800-722-8177**. EMERGENCY CALLS ARE ANSWERED 24 HOURS A DAY.